

## Lång erfarenhet & gedigen utbildning

Jag avslutade ett år på Rehab i Florida 2007 och har sedan dess arbetat med mitt eget tillfrisknande samt utbildat mig för att kunna hjälpa andra.

## Years of experience & solid training

*I completed one year at a Rehab in Florida in 2007 and have since then worked with my own recovery and educated me to help others.*



### **CRA - Gothenburg, Sweden**

Community Reinforcement Approach.

### **CRAFT - Gothenburg, Sweden**

Community Reinforcement Approach and Family Training.

### **SMART Recovery - New York, NY**

Self-Management and Recovery Training.

### **International Coaching Community (ICC) Certification Training. - Örebro, Sweden**

Lambert Certified International Coach, ICC.

### **ARISE Interventionist - Savannah, GA**

Certified ARISE International Interventionist in Arise Module.

### **Harm Reduction - New York University, NY**

Certified specialist in Harm Reduction for Drug and Alcohol problem with Dr Andrew Tatarsky.

### **International Institute Trauma and Addiction Professionals - New York, NY**

Certified Anatomy of Arousal Sex Addiction specialist.

### **The Albert Ellis Institute - New York, NY**

- Rational Emotive Behavioral Therapy
- Cognitive Behavioral Therapy
- 4-point program
- SMART Recovery

### **Recovery Coach Academy - New York, NY**

Certified Recovery Coach OASAS NYS. Office of Alcohol and Abuse Services.

### **Coaching For Transformation NYC - New York, NY**

Master Practitioner Training in Personal and Global Social Change. ICF International.

### **Prime For Life - Columbia, SC**

Certified Instructor at Prevention Research Institute in Drug and Alcohol for Adolescence and Adults with co-occurring symptoms.

### **The NLP Center of New York, NY**

Master Practitioner Training in Advanced Communication in Life and Business Coaching.